

**United States Soo Bahk Do
Moo Duk Kwan Federation Inc.®**

**APPLICATION
FOR GUP PROMOTION**

FOR H.Q. USE:

T.A.C. APP. _____
FEE PD. _____
RECORDED _____
ID & CERT. _____

Testing Date _____ Studio Certification No. _____

Gup Membership No. _____ Expiration Date _____

Name of Studio _____

Name _____ Male Female
LAST FIRST INIT.

Address _____
STREET CITY STATE ZIP

Date of Birth _____ Telephone () _____

Occupation _____ Education Level _____

Date of entrance _____ Date of last promotion _____ Present rank _____

Applicant's Signature _____

Parent's Signature (if under 18) _____

Recommended by (Instructor) _____ Rank _____ Dan No. _____

POINT SYSTEM: An average score of 9.0 or above: 2 level promotion
 An average score of 7.0 or above: 1 level promotion
 An average score below 7.0: Fail

*AVERAGE SCORE is determined from taking an overall average of:
1) Average score from Soo Gi 3) Average score from control
2) Average score from Jok Gi 4) Each score from each Hyungs
5) Each score from 3-Step Sparr, Free Sparring, Self-Defense, Breaking, and Terminology

Mail all correspondence to: Technical Advisory Committee
United States Soo Bahk Do
Moo Duk Kwan Federation Inc.®
P.O. Box 154
Springfield, N.J. 07081


I recommend promotion of this student to _____ Gup. Average Score _____

FOR STUDIO USE:

Class attendance _____
Class in general: _____
Retest status: _____

Signature(s) of Examiner(s) and Id.#

1. _____
2. _____
3. _____
4. _____
5. _____

SOO GI	SCORE	JOK GI	SCORE	HYUNGS	SCORE	OTHERS	SCORE
LOW BLOCK/TUEL OH	/	FRONT HIGH KICK		BASIC FORM #1		3-STEP SPARRING	
MIDDLE PUNCH/TUEL OH	/	FRONT SNAP KICK		BASIC FORM #2		1-STEP SPARRING	
HIGH PUNCH/TUEL OH	/	SIDE HIGH KICK		BASIC FORM #3		FREE SPARRING	
HIGH BLOCK/TUEL OH	/	SIDE SNAP KICK		PYONG AHN CHO DAN		SELF-DEFENSE	
INSIDE/OUTSIDE BLOCK/T.O.	/	ROUNDHOUSE KICK		PYONG AHN E DAN		BREAKING	
OUTSIDE/INSIDE BLOCK/T.O.	/	BACK SNAP KICK		PYONG AHN SAM DAN		CONTROL	SCORE
SIDE PUNCH		INSIDE/OUTSIDE SNAP KICK		PYONG AHN SA DAN		EYE FOCUS CONTROL	
SIDE BLOCK		OUTSIDE/INSIDE SNAP KICK		PYONG AHN O DAN		BALANCE CONTROL	
X LOW BLOCK		SIDE HOOK KICK		PASSAI		BREATHING CONTROL	
2 FIST HU GUL BLOCK		FRONT PUSH KICK		CHIL SUNG IL RO		TENSION & RELAXATION CONTROL	
2 FIST GHUN GUL BLOCK		BACK SPINNING KICK (SHORT)		CHIL SUNG E RO		SPEED & POWER CONTROL	
SOO DO LOW BLOCK		BACK SPINNING KICK (LONG)		CHIL SUNG SAM RO		TIMING CONTROL	
SOO DO MIDDLE BLOCK		FRONT JUMP KICK		YUK RO CHO DAN		DISTANCE CONTROL	
SOO DO HIGH BLOCK		SIDE JUMP KICK		YUK RO E DAN		AVERAGE SCORE FOR CONTROLS	
SPEAR HAND/TUEL OH	/	ROUNDHOUSE JUMP KICK		YUK RO SAM DAN			
SOO DO STRIKE/TUEL OH	/	JUMPING INSIDE/OUTSIDE SNAP KICK		*EXAMINERS NOTES: 			
YUK SOO DO STRIKE		JUMPING OUTSIDE/INSIDE SNAP KICK					
YUK JIN KONG KYUK		JUMPING BACK SNAP KICK					
HAND COMBINATIONS #1		FOOT COMBINATIONS #1					
#2		#2					
#3		#3					
#4		HAND & FOOT COMBINATIONS #1					
#5		#2					
AVERAGE SCORE FOR SOO GI		AVERAGE SCORE FOR JOK GI					

Student must complete entire section

Instructor to complete